

An easy method for bringing success for yourself and for Guhyasamaja Center...

According to the Buddhist worldview, all of our experiences arise in dependence upon causes and conditions. Our actions or karma determine whether we will experience happiness, harmony, success, and even spiritual realizations.

So, the success of our Dharma center in being able to support our own and others' study and practice of the Dharma also depends on our group karma. If we individually and collectively wish to have opportunities to study and practice, then we must create karmic causes to bring this about.

To give us all a free, easy, enjoyable way to create such positive karma together, Khensur Rinpoche has asked his attendant, Ven. Tashi, to make over 120 daily water bowl offerings. Ven. Tashi also makes a daily tea offering to the Dharma protectors.

Even though we are spread out around the DC Metro area, one easy thing we can do each day is to simply think of those offerings and then mentally offer them to our Gurus, Deities, Buddhas, Bodhisattvas, and so on. Even briefly directing our mental energy in that way, we create powerful, positive karmic causes which we can then dedicate to the success of the center in being able to benefit ourselves and countless others through the Dharma.

You can use your own personal verses for offering or dedication. Below are some verses recommended by Gyumed Khensur Rinpoche Losang Jampa.

Brief Prayers of Offering and Dedication

Om Ah Hum! (3X)

All Buddhas of the 3 times and 10 directions,
And especially White Mahakala, the wish-granting jewel,
Together with your entourage:
Please accept these offerings of nectar,
And pacify all the suffering of all myself and all sentient beings.
Bestow upon us wealth and prosperity.
May all my aspirations be accomplished!
May our life-span, merit, wealth and power increase!

Produced from substances to be offered to oceans of Victorious Buddhas,
Are gathered Oceans of divine offerings of oceans of Buddha realms!
To the Victors and the entourage with oceans of qualities,
I offer with oceans of faith, please accept!

Om Argham Pratitsa Hung Soha
Om Padyam Pratitsa Hung Soha
Om Pushpe Pratitsa Hung Soha
Om Dhupe Pratitsa Hung Soha

Om Alope Pratitsa Hung Soha
Om Gandhe Pratitsa Hung Soha
Om Nevide Pratitsa Hung Soha
Om Shabta Pratitsa Hung Soha

By virtue of offering praises and requests to you,
In the land where others and I live,
My diseases, spirit-harms, poverty and conflicts cease!
May you make dharma and auspiciousness prevail!

(translated by Tenzin Bhuchung)

Next you can also dedicate strongly as you wish, for Dharma to flourish, for there to always be support for the Sangha, for wisdom and compassion to overcome ignorance here in the DC area, for your own and others' practices to bring vast realizations, and so on.

Some Additional Optional Mantras ...

Mantra for Multiplying the Offerings (often recited by Lama Zopa Rinpoche):
**Om Namoh Bhagavate Vajra Sara Pramadana Tathagataya Arhate Samyaksam
Buddhaya Tayatha Om Vajre Vajre Maha Vajre Maha Tedza Vajre Maha Vidya
Vajre Maha Bodhichitta Vajre Maha Bodhi Mendo Pasam Kramana Vajre Sarva
Karma Avarana Bisho Dhana Vajre Soha (3X)**

Mantras to greatly increase the karmic power of any virtuous actions. *(You can recite any or all of them. These will increase the power of all your Dharma practices for the day, not just these offerings):*

Janchub Sempa Sempa Chenpo Kuntuzangpola Chag Tsel Lo (3X)

Om Duru Duru Zaya Mukhe Soha (7X)

Tayatha Om Pentsa Driwa Awa Bodhine Soha (7X)

**Chom Dan Da Dezhin Shekpa Dra Chom Pa Yang Dag Par Dzog Pa Sangya Nang
Dze O Kyi Gyalpo La Chag Tsel Lo (3X)**

Prepared by: Dr. Lorne Ladner, June 18, 2007